# USE OF ARTIFICIAL INTELLIGENCE IN HEALTH CARE

0-10 years

NHS Digital & Al Investment Programme £10bn by 28/29

**Diagnostics** 

Public Health Screening

Neurological Health

**New Drug Discovery** 

**Personalized Treatment** 

**Medical Administration** 



### WHAT IS AI?

Machines with human-like intelligence

Learn and problem solve

Faster than humans

Trained on massive data

Work well in complex situations

Organizations spent \$235 billion on AI in 2024

Expected to spend \$630 billion per year by 2028

Across all market sectors Health, Education, Transport, Industry...



# AI HEARING ENHANCEMENT

**Available** 

Al actively monitors the local sound environment

All automatically adjusts the hearing aid settings to match the user profile to the environment

Focuses on live conversations

Reduces the background noise

Allows for a more natural and personalized listening experience

Private sector



## AI FOR THE VISUALLY IMPAIRED

#### Available

(1) iPhone application provides a voice description of an object Can be trained to recognize people's faces





(2) Al-powered cane describes obstacles
Al navigates the user to their destination

(3) Al spectacles provide a verbal description of a scene/object



# AUGMENTED EXPERIENCE FOR HANDYCAPPED

In development

Sight, sound, smart wheelchairs

Any digital information

Increased independence

Improved communications

Remote assistance

Greater social inclusion



# AI CANCER HEALTH CHECK

**Available** 

Blood tests that use AI to spot signs of cancer within 45 minutes

Al trained on common cancers

Early detection of ovarian cancer before it spreads

Precise cancer location using Al nanotubes which collect in cancers & emit fluorescent light

National database of 120 diseases detectable using Al blood test

>90% accurate



### **TYPE 2 DIABETES**

Two NHS hospital trusts are using Al technology to spot Type 2 Diabetes

Up to 10 years ahead of symptoms



Imperial College and Chelsea and Westminster hospital NHS foundation trusts are training the AI system

Checks patient ECG heart traces for subtle early warning signs

Clinical trials are planned for 2025

Early work suggests >70% accuracy

# SPOT SKIN CANCER USING AN iPhone

Specialist apps use an iPhone's camera to capture images of moles

Al analyse images & provide cancer risk assessments



Apps like *SkinVision* claims 99.9% accuracy

Encourage users to seek professional medical advice

Images may be shared with dermatologists for remote consultations

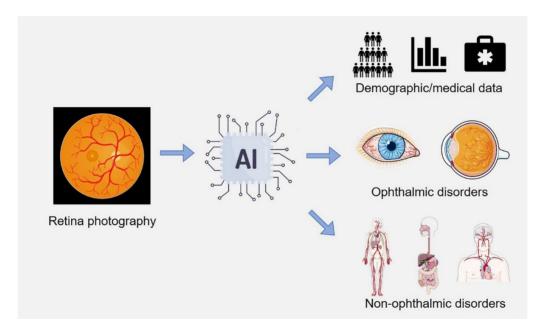
London hospital uses AI to prioritise NHS cancer diagnosis & treatment

95% patients are cleared quickly reducing waiting times

# AI DIAGNOSIS OF EYE CONDITIONS

Al trained to recognise common eye conditions

Detect Age-related Macular Degeneration (AMD) & Glaucoma



Increasingly used by high street opticians

# **AI IN DENTISTRY**

Diagnostics

**Treatment Planning** 

Image Enhancement

Surgical Guidance

**Administrative Tasks** 



# **ENHANCED MEDICAL DIAGNOSIS**

Human diagnosis
Medical symptoms
SLOW,
EXPENSIVE,
EXPERTS NEEDED



AI DIAGNOSIS IS CHEAPER, FASTER & 99% ACCURATE

Al diagnosis

(1) Train the AI machine on 100,000s patients



(4) Human Specialists focus on none routine cases



(2) Machine builds an internal model relating medical symptoms & disease





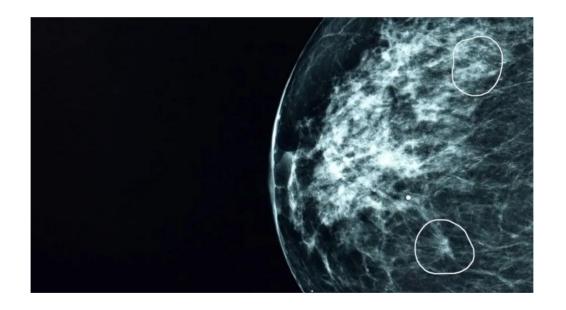
(3) AI EXPERT MACHINE
Routine diagnosis of
common diseases in minutes

#### AI CANCER DIAGNOSIS

Screen testing of 10,000 women by NHS

Al trained tool was piloted alongside NHS clinicians and analysed the mammograms of over 10,000 women in 2022

Al identified all cancer cases + 11 <u>additional cases</u> missed by doctors



Al spots very small cancers in early stages

Further 700,000 women are being recruited for a trail in 2025

# **TUMOUR REMOVAL SURGERY**

Al imaging technology presents the surgeon with an augmented view

Highlights small tumours & blood vessels allowing removal of more of the tumour



The AI system learns from 1000's brain videos in <1 year

Al powered simulations used to help train surgeons

## AI STROKE ANALYSIS & TREATMENT

100,000 people have strokes each year in UK Early treatment reduces stroke damage clots/swelling

#### **Early Detection and Diagnosis**

Remote monitoring of home test results for stroke signs Al hospital systems analyse CT & MRI scans

#### **Performance**

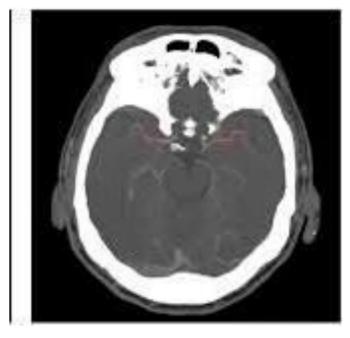
Time between stroke symptoms & treatment reduced by >60 minutes

#### **Statistics**

x3 number of stroke patients recovering with no/slight disability Al flags the likelihood of complications/recurrence

#### **Rehabilitation and Recovery**

Al-powered VR platforms aid recovery Monitor patient response & adjust exercises





# **REMOTE MONITORING OF PATIENTS**

Al can analyse data from wearable devices to monitor patients' health remotely.

Identify potential problems

Managing chronic conditions like heart failure, diabetes & pulmonary disease

Ensure a smooth transition for patients after hospitalization

Empower patients to take a more active role in their health management



# MASS AI HEALTH SCREENING Trials

Healthcare costs reduced by early interventions

A healthcare system that creates health rather than a medicine dispenser for sick people

New category of medical device to collect people's medical information cheaply and conveniently

Wearables, home diagnostics

Home based cancer detection in early stages of R&D

Data processed by AI and delivered to a GP who makes a health assessment

Delivers results back to the patient within hours



### **DEMENTIA DIAGNOSIS**

Nearly 10 million new cases occur globally each year

Al is trained on brain scans from 10,000s dementia patients

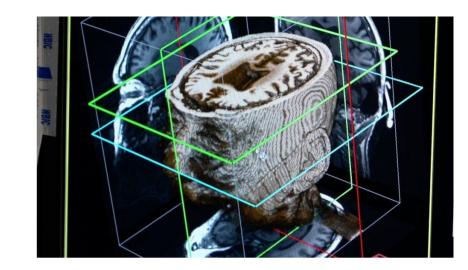
Identifies 'invisible' patterns in the scans

Al enables early diagnosis of dementia

8 years before symptoms appear with 80% accuracy

Al detects Parkinson's, MS and other neural conditions

Al will soon recognise dementia in measurements of memory, speech, movement



## **PARKINSONS DISEASE & AI**

Al improves the diagnosis & treatment of Parkinson's

Manage symptoms of Parkinson's

Implanted AI devices in the brain & chest

Deep Brain Stimulation (DBS)

Electric pulses from the device cancel the affect of misfiring neurons in the brain

Adjusts the stimulation levels in real-time

Al adapts to the patient to maximise benefit

### Parkinson's Disease Symptoms



# LIVING WITH DEMENTIA

Al-based tools offer to help to people living with dementia



Voice activated diary, music player, digital photo screen

Al conversation

Al suggest activities

### AI HOME ASSISTANT

In Development

Improved Elder Care

Virtual assistant or home robot

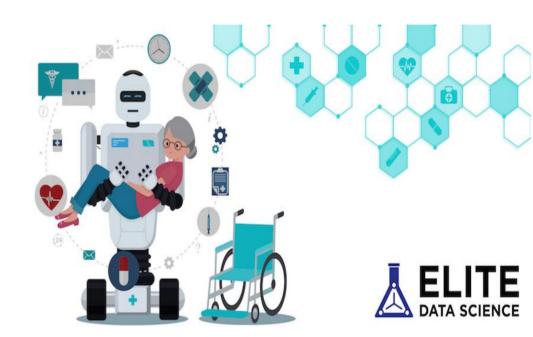
Help seniors with every day tasks

Keep them independent

Monitor alcohol/food consumption, restlessness, urinary frequency, chair & bed comfort, sleeping & mobility

Provides social interaction

Notify relatives or medical services



#### **NEW DRUG DEVELOPMENT**

Al is accelerating the discovery of new drugs

Al analysis of vast datasets of existing drugs, molecular structures, and biological information

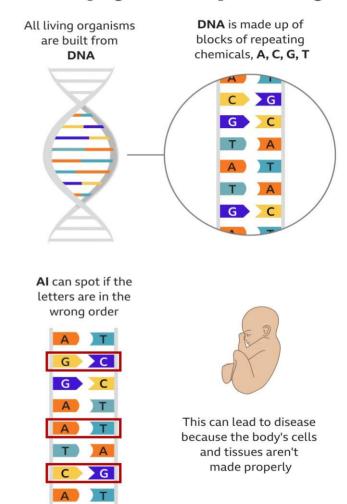
Helps researchers to identify new drug candidates

Reduces drug development times

Uses genetic information

Customised drugs from individual DNA

#### How AI is helping scientists spot disease genes



Source: B B C

## PROTEIN STRUCTURES

Understanding protein structures to help understand & treat diseases

3. Analyse protein sequence using Al

1. Train the NN to recognise 170,000 known protein → sequences & structures

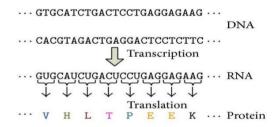
Deep Mind Alpha Fold Neural Network

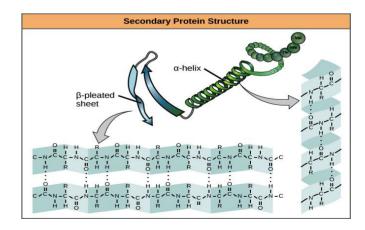
4. Predict Protein structure to >90% accuracy

200 million protein structures discovered by Al

x1000 improvement in 10 years

2. Sequence DNA of proteins with unknown structure





#### **MY DIGITAL TWIN**

In development

A medical digital twin (MDT)

A virtual model of a patient's organs generated by Al

Use data from the patient's medical records, diagnostic tests & wearable devices

Simulate the effects of different treatments and interventions

Personalised treatment plans for each patient



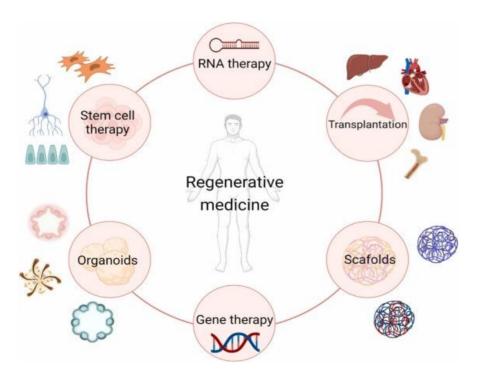
### REGENERATIVE MEDICINE

Make me young again!

Repair damaged/diseased tissues & organs

Engineer patient stem cells for specific organs

Inject into the body to repair damaged cells



Role of AI:

Identify usable stem cells from person

Re-engineer the stem cells for any organ

Make the regenerative process efficient

#### AI BRAIN IMPLANTS

#### Development

Brain implants enable direct communication between the brain & an external devices Translates thoughts into actions

Spinal Injuries

Al brain implant wirelessly transmit 'action signals' to implants in legs and feet

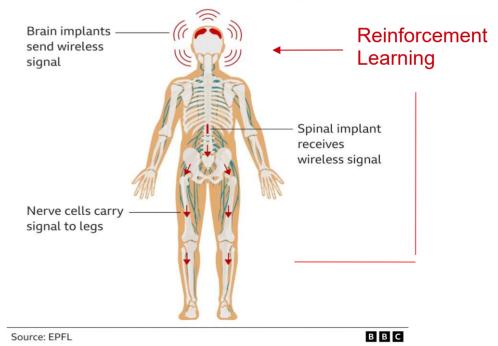
Al makes adjustments to improve walking over time



Neuralink patient

Control of prosthetic limbs Artificial hands

#### Implants boost brain signals to legs



### AI MIND READING

Research activity

Communicate with patients who have lost the ability to move or speak

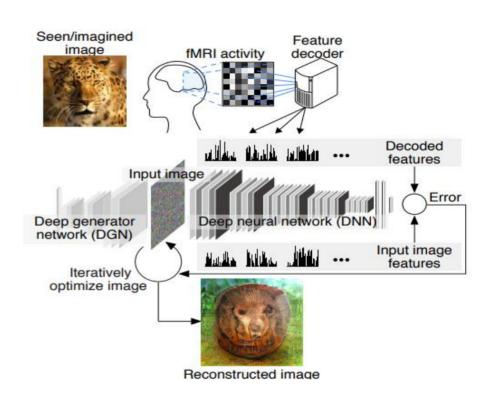
Show the human subject many images/sounds

Functional MRI generates data patterns specific to each image/sound

Al system learns to associates data patterns with specific images/sounds

Al can then 'read' the images in the patients mind via an fMRI headset

Ethical implications?



# AI MEDICAL ADMINISTRATION

Automating administration

Make the GP more efficient

GP spends 20% time on admin tasks

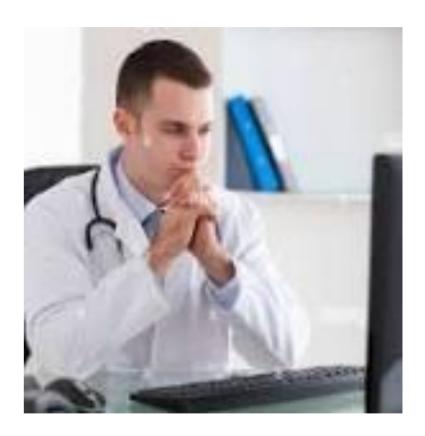
Train AI to do administration

Interview preparation

Present patient data, medical history, symptoms & test results

Make transcripts of consultations & updates patient records

**Draft referral letters** 



# EMERGENCY CALL HANDLING

Al emergency co-worker

Real time analysis of 999 calls

Suggest questions

**Automated Risk Assessment** 

Early Detection of Critical Conditions

**Prioritisation** 



# **HEALTHCARE RESEARCH**



OpenSAFELY AI is an NHS program for large-scale analysis of electronic health records

Began during COVID 10 accessing about 58 million health records

Access to GP records of the entire population of England since March 2020

Helps identify trends, evaluate treatments, and improve the delivery of healthcare services

About 50 projects running

COVID19 Research, Mental Health Research, Drug Safety Studies

Does not identify individual patients

# HEALTHCARE IN DEVELOPING COUNTRIES

Al assistance to healthcare in developing countries

Al-powered diagnostic tools

Makes expertise available locally

Train local medics

Ongoing collaboration between governments, NGOs, researchers, and technology companies



# AI & SPACE MEDICINE

Al improve health and well-being of astronauts during space flight

Local AI expert assistance

Monitoring of vital signs

Early detection of potential health issues

Personalised medicine & health planning

Medical procedures implemented by Al robots



#### **ANIMAL THERAPY**

Conversation with an animal

Train an AI to translate animal sounds into human speech

Al analyses animal sounds in different circumstances

Associates animal sounds with meaning

Generate synthetic speech from animal sounds

Bi-directional conversation possible

Conversation with many species





#### **DIGITAL GHOST**

Bring back a relative

Continue relationship with deceased person HereAfter AI, Deepbrain AI, StoryFile

Create a digital persona of the deceased person on an Al machine

Capture the dead persons personality, communication style, memories, voice & personality

Interact in real time with deceased person using an electronic device

Legal and regulatory framework needed



# **CHALLENGES & ETHICS**

**Data Privacy and Security** 

Bias and Fairness

Al algorithms can reflect biases in training data

Transparency - how AI algorithms make decisions?

Ensure equal access to Al-powered healthcare solutions.



## **HEALTHCARE IN 10+ YEARS**

Personalized Medicine

Mass health screening

Wearable and Implantable Technology

Surgical robots

Regenerative Medicine

Digital twin for treatment planning

Early mental health diagnosis & treatment

Improved administration



Al library - https://u3acommunities.org/interest-groups/computing/ai-for-everyone/